

# How Is ZQuiet Different?

I'm Dan Webster, co-founder of ZQuiet. I want to talk about how ZQuiet is different from other anti-snoring mouthpieces.

When I worked with our team of professionals to develop ZQuiet, my primary objectives were: Comfort, Ease-of-use and Effectiveness. While the principle of advancing the lower jaw is the same with all mouthpieces, the ZQuiet design contains unique features that set it apart.

The biggest differentiator is the patented living hinge. This hinge design allows freedom of jaw movement. Most other mouthpieces force the jaw into a clenched bite without any ability to open the mouth or the jaw naturally, something I find to be uncomfortable and disturbing to my sleep. Another benefit to this design is that you can talk without removing the device and even take a sip of water, something many people do before going to sleep.

The other big differentiator is the fact that ZQuiet is ready to use right out of the package without any complex molding, boiling or impressions. In fact, it's the easiest mouthpiece to use for that very reason. One thing that most people don't realize is that moldable devices require a hard plastic outer shell to maintain their shape and the jaw advancement. This creates excess bulk that some people, especially with smaller mouths, find difficult to tolerate. ZQuiet's slim and low-profile design won't make you feel like you've just overstuffed your mouth.

As someone that has tried many different anti-snoring mouthpieces, I understand that comfort and fit varies from person-to-person. We don't claim to be the best mouthpiece for everyone, but many people prefer the comfort, simplicity and hinge design of ZQuiet and we hope that you'll be one of them.